



**National Service Scheme
Awareness Programme on Fitness
Fit India Plog Run**

03.10.2020

Venue: Thungavi Village

Number of Beneficiaries: 7 NSS Volunteers, Thungavi Village People

REPORT

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SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN
UDUMALPE.
NATIONAL SERVICE SCHEME 2019-2020

FIT INDIA PLOG RUN health

Period : August and October 2020

Venue : * Neighbourhood Places of NSS volunteers involved
* Adopted Village, Thungavi.

Agenda :

- * To conduct fit India Plog Run at the neighbourhood places of NSS volunteers and Thungavi
- * To expose NSS volunteers and the village children and public about the concept of Plog Run
- * To give awareness on cleanliness and fitness.
- * Tribute to 151st Birth Anniversary of Mahatma Gandhi and 1st Anniversary of Fit India Movement.

Scheme : Swachh Bharat

Beneficiaries : 80 NSS Volunteers (15th August 2020) and the public.

23 Village People (02nd October 2020) and the Thungavi village People.
10 volunteers from G.V.C.

7 volunteers (03rd October 2020) and the area people whose plog was organized.

Collaborators : Abdul Kalam Securo Trust, Thungavi Village Ponjayat, Thungavi.



FIT INDIA PLOG RUN

To mark 151st Birth Anniversary of Grandhiji and 1st Anniversary of Fit India Movement.

NSS Programme Officers

Dr. M. MALARVISHI

M. Madanji.

Mrs. M.C. KAVISHA

M.C. Latha

Dr. V. PANKAJAM

V.P. Jyoti

ABDUL KALAM TRUST :

Dr. N. Suresh Reddy

அறக்கட்டளை தலைவர்
டாக்டர். சுந்தர் சாராசா
9047371738

VILLAGE PANCHAYAT :

S. Kalaiselvi
Signature of the Principal
PRINCIPAL i/c
SRI G.V.G. VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
VENKATESA MILLS (POST),
UDUMALPET - 642 128.



PERMISSION LETTER

From

Mrs.M.Malarvizhi
NSS Programme Officer
Sri GVG Visalakshi College for Women (Autonomous)
Udumalpet – 642128

To

The Principal
Sri GVG Visalakshi College for Women (Autonomous)
Udumalpet – 642128

Respected Madam,

We have planned to organize 2 KM Plog-Run by village Volunteers at adopted village Thungavi towards the celebration of 151th Birth Anniversary of Mahatma Gandhiji on 03.10.2020. Kindly grant us permission to organize the same.

Thanking You,

Place: Udumalpet

Date:01.10.2020

Yours Sincerely,
M. Malayal

Se
PRINCIPAL i/c
SRI GVG VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
VENKATESA MILLS (POST),
UDUMALPET - 642 128.



CIRCULAR

Sri G.V.G Visalakshi College for Women (Autonomous), Udumalpet

NATIONAL SERVICE SCHEME

GVGVC/NSS/2020-2021/C10

Circular

NSS organize to organize 2 KM Plog-Run by village Volunteers at adopted village Thungavi towards the celebration of 151th Birth Anniversary of Mahatma Gandhiji on 03.10.2020. All the volunteers are hereby informed to attend the meeting on 03.10.20 at 10:30 am.

Date:01.10.2020

M. Malavika
Signature of the Convener

S. Kalaiselvi
Signature of the Principal
PRINCIPAL i/c
SRI GVG VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
VENKATESA MILLS (POST),
UDUMALPET - 642 128.



INVITATION



**SRI G.V.G. VISALAKSHI COLLEGE FOR WOMEN
(AUTONOMOUS)**

AFFILIATED TO BHARATHIAR UNIVERSITY
Accredited 'A+' Grade by NAAC
An ISO 9001:2015 Certified Institution
Udumalpet - 642 128

**National Service Scheme (NSS)
(2020-2021)**

**2KM Plog - Run by Village Volunteer's
at adopted Village Thungavi Towards
The Celebration of 151st Birth Anniversary
of Mahatma Gandhiji**

Date: 03.10.2020

NSS programme Officers
Dr. M. Malarvizhi
Dr. T. Abirami
Dr. M. C. Kavitha
Dr. V. Pankajam

Principal
Mrs. S. Kalaiselvi



LIST OF STUDENTS

2 KM Plog-Run by village Volunteers

03.10.2020

Name List

1.	Abinaya K	Mathematics (Aided)
2.	Akila M	Mathematics (Aided)
3.	Deviga R	Mathematics (Aided)
4.	Gayathri R	Mathematics (Aided)
5.	Hindhuja A.A.	Mathematics (Aided)
6.	Kaviya G	Mathematics (Aided)
7.	Kaviya K	Mathematics (Aided)

PRINCIPAL i/c
SRI GVG VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
VENKATESA MILLS (POST),
UDUMALPET - 642 128.



PHOTOS

Awareness Programme on Fitness, Fit India Plog Run, 03.10.2020



Awareness Programme on Fitness, Fit India Plog Run, 03.10.2020

